



LOSING HAIR?

Don't Lose Your Mind

Introduction

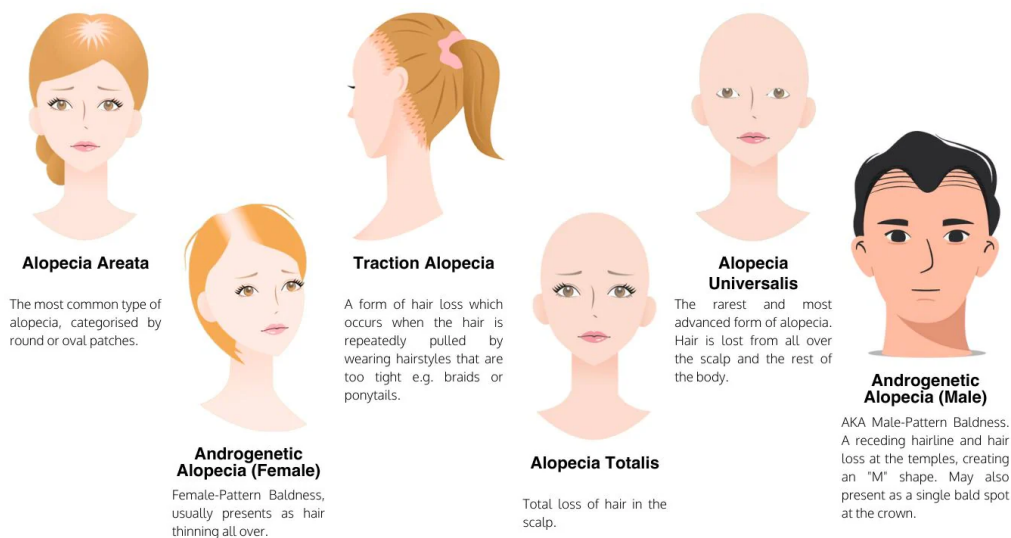
Let's talk about hair. Our hair is important to us, not only because it affects our looks but hair loss can lead to serious psychosocial problems. Depression, anxiety, and social anxiety can all be brought on by hair loss. Low mood, lack of interest in or enjoyment from activities, lack of energy, and lack of sleep are all consequences of depression. Anxiety can lead to heightened tension, excessive concern, and trouble managing such sensations. You may be suffering from such problems silently.

We are here to help

Our approach to hair loss is unique because we develop a personalised treatment plan for you. Don't buy a product because it has been recommended for you. You may have hair loss but causes vary because no two individuals are the same.

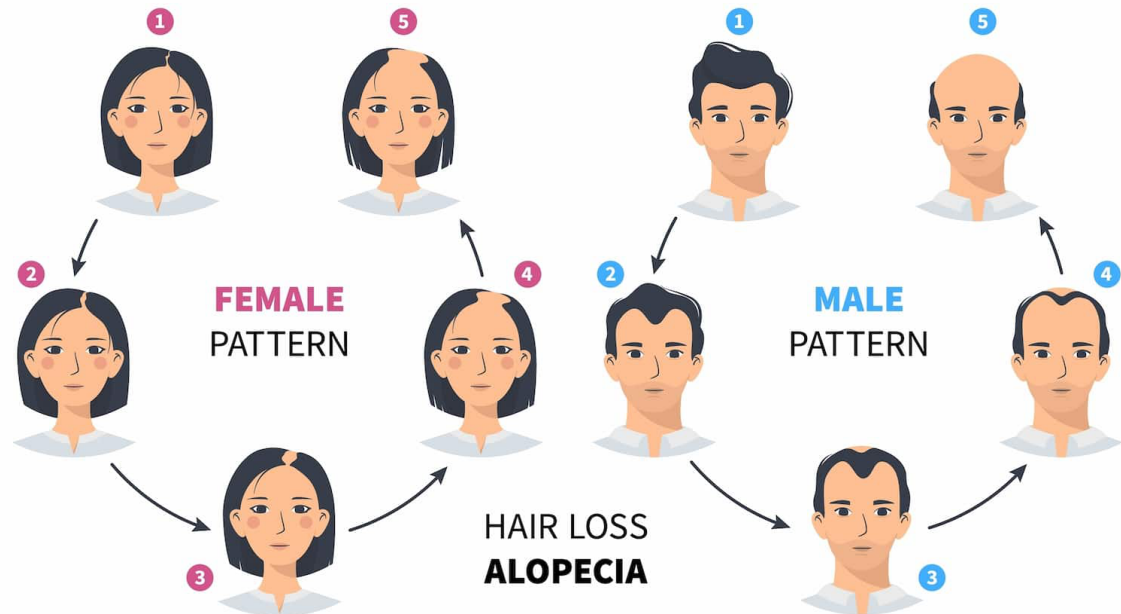
Hair loss, or alopecia, is a common and distressing condition that affects men and women of all ages. It comprises all types of hair loss, from the scalp to any part of the body, whether localised or diffused.

The most common patterns of alopecia



Stages of Hair Loss

You may have noticed this progressive loss of hair.



Causes of Alopecia



The pattern of hair loss does not necessarily indicate the cause. There could be one or more root causes for hair loss in one person. Besides genetic disposition, taking steroids and nutritional imbalances there are numerous root causes for hair loss.



Livingfit Offers

- Consultation with our [functional medicine](#) doctor
- Genetic testing that informs us of the treatment personalised to your needs
- A total solution for advanced, individualised therapy and care and treatment options based on the latest scientific knowledge.
- Personalised treatment delivered directly to you

In order to personalise your treatment it is essential to have a consultation with a doctor who will advise on any tests that need to be done to establish the root causes.

One such tests is [TrichoTest™](#). This highly specialised genetic test provides personalized treatment recommendations for patients with scalp or hair problems. It combines genetic data with relevant patient history and symptoms. It also selects the most appropriate medium, active pharmaceutical ingredients and delivery formats such as topical, oral, and scalp injections, where necessary.

These tests and treatments, combined with comfortable, skin-friendly vehicles and unique pharmaceutical patient packaging and applicators, guarantee exceptional therapy and care for alopecia.

Our Results

Because hair loss is a complex medical problem, your intervention must be informed qualified medical opinion. Trial and error can be very costly and you likely will not achieve the desired results.

This shows the progress of one of our clients.





We do our diagnostic tests at accredited laboratories like Lancet, Ampath, Fagron Genomics, Geneway, Biometrix, DNAlysis and MDS laboratories. Functional laboratories do not get funded by your medical aid. We source our high-quality products from renowned suppliers like Amipro Metagenics, Willow Wellness, Genologix, Xymogen, Idexis, Fagron and similar suppliers.



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